

July 2018

COME RIDE WITH US



Team Portsmouth Mission

Team Portsmouth's mission is Simple: "Promote Safe, Supportive & Social cycling in South Hampton Roads for all levels of cyclists."

LOCAL BIKE SHOPS!



NEW BERN, NC MS150-SEPT 8 & 9

Team Portsmouth is building its **2nd MS150 team for the New Bern, NC ride on Sept 8th and 9th**. With 11 already signed up, I have a few **FREE registrations** left using the discount code – **BikeMSstar** - on a first come basis. Afterwards, you can register at 25% off using code "**BikeVIP**" For either registration, use the team link - <http://main.nationalmssociety.org/goto/Teamportsmouth2018>.

New Bern is 3 hours south of Hampton Roads. **There is NO OTHER ride of this quality anywhere in our region and they**

had 2,500+ riders last year.

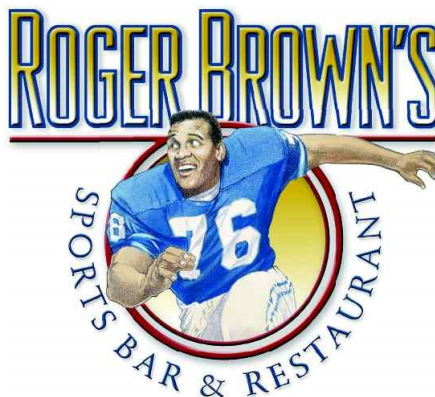
Nearby hotels are at 85% capacity, and there are campsites and AirBnB.com places too. You can read more about this AWESOME ride at www.bikeMSnewbern.org. Get your hotel/camping/AirBnB reservations before they are GONE

Like the Tour de Cure, we will begin having weekly raffle prize drawings, plus an "**End of Event Raffle**" with some super prize options - **free annual tune ups, or a CycleOps smart trainer, or a free Travel Trec Rollers Trainer, or Touring Wheelset.**

TEAM GEAR ORDER

Our Fall and Winter Team Portsmouth apparel order will be July 16th. Go to <http://teamportsmouthusa.com/?q=node/300> and place your order, and they will arrive the last week in August. For those already having some of the apparel, this is a good time to get the rest of what you need. And, for those new to the team, I would suggest short or long sleeve jerseys and shorts as 1st priority, followed by a winter jacket and/or knickers. There is a 5 piece minimum order for tops and bottoms. The size chart on the website is accurate, since these are USA cut gear. I will send out info about additional gear selection options via email this week.

PORTSMOUTH TEAM SPONSORS - GREAT FOOD!!!



JULY 2018 RIDES

Non-Reoccurring Rides & Events

Sunday, July 1st

B/C Pace 4:00pm 24 miles Portsmouth, VA
Join our "Tour de City Park" ride through Historical Portsmouth Waterfront! This is a fun, easy-paced ride with a stop mid-way along the waterfront & dinner afterwards!

From: Cycle Classics, Olde Town, 427 High St.

Leader: John Maher, 757-672-1359 or teamportsmouth@cox.net

Saturday, July 7th

B & C Pace 7:30 am 40 miles Yorktown, VA
Join Team Portsmouth's annual Yorktown "Surrender Battlefield" ride to celebrate the birth of our country. We traverse the shaded Yorktown battlefield route with gentle rolling hills. Awesome stop in historical Yorktown for some **well-deserved ice-cream and other tasty desserts!**

From: Meet in North side of Washington Square Center off Hwy 17N. Route available at - <http://www.bikely.com/maps/bike-path/Yorktown-Surrender-Battlefield-Ride>

Leader: John Maher, 757-672-1359, teamportsmouth@cox.net

Sunday, July 8th

B/C/D Pace 4:00 pm 28 miles Portsmouth, VA
"Tour de Harborview" – one of the nicest rides in Portsmouth designed to prepare cyclists for 2018 rides. 2 stops w/SAG support.

From: Cycle Classics, Olde Town, 427 High St.

Leader: John Maher, 757-672-1359, teamportsmouth@cox.net

Saturday, July 14th

B/C Pace 7:30 am 45 miles Portsmouth, VA
"Tour de Cracker Barrel" – one of our newer rides in Portsmouth designed to prepare cyclists for 2018 rides, including Sept 8 and 9 New Bern MS 150

<http://main.nationalmssociety.org/goto/Teamportsmouth2018>. 2 stops w/SAG support.

From: Cycle Classics, Olde Town, 427 High St.

Leader: John Maher, 757-672-1359, teamportsmouth@cox.net

Sunday, July 15th

B/C Pace 4:00 pm 28 miles Portsmouth, VA
"Tour de Joliff" ride through Historical Portsmouth Waterfront and Joliff countryside with stop at Bide-a-Wee cafe! A fun, easy-paced ride with a nice stop mid-way! Afterwards we go to Cancun Fiesta for Mexican delights!

From: Cycle Classics, Olde Town, 427 High St.

Leader: John Maher, 757-672-1359 or teamportsmouth@cox.net

Saturday, July 21st

B/C Pace 7:30 am 40 miles Portsmouth, VA
"Tour de Bowers Hill" – one of the nicest rides in Portsmouth designed to prepare cyclists for 2018 rides, including Sept 8 and 9 New Bern MS 150

<http://main.nationalmssociety.org/goto/Teamportsmouth2018>. 2 stops w/SAG support.

From: Cycle Classics, Olde Town, 427 High St.

Leader: John Maher, 757-672-1359, teamportsmouth@cox.net

Sunday, July 22nd

B/C Pace 4:00 pm 25 miles Portsmouth, VA
"Tour de City Park" – one of the nicest waterfront rides in Portsmouth designed to prepare cyclists for 2018 long distance rides. Two stops w/SAG support.

From: Cycle Classics, Olde Town, 427 High St.

Leader: John Maher, 757-672-1359, teamportsmouth@cox.net

Saturday, July 28th

B/C Pace 7:30 am 40 miles Portsmouth, VA
"Tour de Harborview" – one of the nicest rides in Portsmouth designed to prepare cyclists for 2018 rides, including Sept 8 and 9 New Bern MS 150

<http://main.nationalmssociety.org/goto/Teamportsmouth2018>. 2 stops w/SAG support.

From: Cycle Classics, Olde Town, 427 High St.

Leader: John Maher, 757-672-1359, teamportsmouth@cox.net

Sunday, July 29th

B/C/D Pace 4:00 pm 28 miles Portsmouth, VA
"Tour de Harborview" – one of the nicest rides in Portsmouth designed to prepare cyclists for 2018 long distance rides. Two stops w/SAG support.

From: Cycle Classics, Olde Town, 427 High St.

Leader: John Maher, 757-672-1359, teamportsmouth@cox.net

Reoccurring Rides

Sunday July 1st, 8th, 15th, 22nd, 29th

D Pace 4:00 pm 14-20 miles Portsmouth, VA
Join Team Portsmouth for our great "MAX RELAX" beginner's ride through Historical Portsmouth Waterfront! Fun, easy-paced ride. Slow as the slowest rider! Similar route as B & C pace, but shorter. All B, C, and D pace riders return about same time for dinner downtown.

From: Cycle Classics, Olde Town, 427 High St.

Leader: John Maher, 757-672-1359 or teamportsmouth@cox.net